



C. G. JUNG FOUNDATION OF ONTARIO

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WELCOME



Public Programme 2021-2022

All lectures and seminars offered during for fall of 2021 will be [conducted online](#).

We hope to be able to return to The Arts and Letters Club in January 2022. However, these decisions will be guided by any Covid-19 related developments, government requirements, as well as prevailing policies at the Arts & Letters Club.

We will update our website and our programme in the late fall 2021 with further news and details, including safety procedures and social-distancing protocols for in-person seminars when these are offered once again..

- 2021: [September](#) | [October](#) | [December](#)
- 2022: [January](#) | [February](#) | [March](#) | [April](#) | [May](#)
- Archive of past Public Programmes:
 - [2020-2021](#) | [2019-2020](#) | [2018-2019](#) | [2017-2018](#) | [2016-2017](#) | [2015-2016](#) |
 - [2014-2015](#) | [2013-2014](#) | [2012-2013](#) | [2011-2012](#) | [2010-2011](#) | [2009-2010](#) |
 - [2008-2009](#) | [2007-2008](#) | [2006-2007](#) | [2005-2006](#) | [2004-2005](#) | [2003-2004](#) | [2002-2003](#)
- [Event Locations and Maps](#)
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2021

Note: All lectures and seminars offered during the fall of 2021 will be conducted online

Lecture	Fanny Brewster
<i>Letting My Heart Be Broken: Suffering Racism</i>	
Fri. Sep. 17	7-8:30pm
Online via Zoom . Limited to 100 participants	

We have arrived at a moment when racism cannot be denied. The acknowledgement of intergenerational trauma, the loss of family ties and the economic fortune of some while others suffer financial poverty reveals more and more how we are waking to racism and its effects on us as individuals, cultural groups and the collective. Even with this we can be afraid to speak about and discuss our true feelings, beliefs and attitudes. This appears a good time to consider moving from the heart center with courage and engaging with one another about our collective suffering. What is possible through our communal conversation?

Fanny Brewster, Ph.D., M.F.A.
Dr. Fanny Brewster is a Jungian analyst and Professor of Depth Psychology at Pacifica Graduate Institute. She is a writer of nonfiction including *African Americans and Jungian*

Psychology: Leaving the Shadows ((Routledge, 2017), *Archetypal Grief: Slavery's Legacy of Intergenerational Child Loss* (Routledge, 2018) and *The Racial Complex: A Jungian Perspective on Culture and Race*. (Routledge, 2019)

Dr. Brewster is a lecturer and workshop presenter on Jungian related topics that address Dreamwork, African American Culture, and Creativity. She is a faculty member at the New York C.G. Jung Foundation and an analyst member with the Philadelphia Association of Jungian Analysts.

ONLINE VIA ZOOM. LIMITED TO 100 PARTICIPANTS.

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Seminars	Jayson Wong
<i>Time and Timelessness</i>	
Sat. Oct. 16, Nov 6	10am-12:30pm
Online via Zoom.	

*When it is time to stop, then stop.
When it is time to advance, then advance.
Thus movement and rest do not miss the right time,
And their course become bright and clear.*
- I Ching

This two-part seminar seeks to explore the nature of time, in particular the “qualitative” aspect of time.

Instead of asking how we can best use time to meet our claims, we ask ourselves how we can relate with time and meet its demand on us so that we can best serve ourselves in the deepest sense, i.e. in the sense of Self-realization.

To bring out the qualitative aspect of time, we will discuss the workings of the I Ching as well as the phenomenon of synchronicity. We will also reflect on selected passages from the Buddhist, Taoist, and Hindu literature as well as from the writings of C. G. Jung.

The intent of the seminar is to direct our attention to that aspect of time which connects us with the fundamental ground of our being, so that “in our movement and rest we do not miss the right time” to become the person that we are meant to be.

The seminar is discussion-based. Participants will be presented with selected passages for our discussion in class.

Jayson Wong received a B.A. in philosophy and M. A. in Religious Studies, with a major in Buddhism. He taught as instructor at Nalanda College of Buddhist Studies in Toronto between 2000 and 2005. His area of interest is in the religious ideas and practices of Taoism, Buddhism, the I Ching, and the mystical traditions of Christian teachings. Presently, Jayson has a private practice as a registered psychotherapist and Jungian analyst in Barrie and Toronto, Ontario.

MEMBERS: \$20 IN ADVANCE; NON MEMBERS: \$25 IN ADVANCE FOR EACH SESSION;
THE FIRST SEMINAR IS A PREREQUISITE FOR THE SECOND SEMINAR.

Oct. 16

Non-Member \$25.00 CAD ▾

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Oct 16 & Nov. 6

Non-Member \$50.00 CAD ▾

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Lecture	David Pressault
<i>Creativity, Freedom & Our Parental Complexes</i>	
Sat. Dec. 4	2-4:00pm
Online via Zoom.	

The freedom to create seems to be a minefield of complexes, especially parental complexes. We will identify some of the particularities of parental complexes and inquire how and why they seem to wait around the corner and get in the way when we are about to be creative or free.

David will outline in a short presentation aspects of parental complexes and their effects on creativity and freedom. Then we will open up the discussion and examine how these complexes can be identified and worked with personally and with analysands.

Suggested Readings:

Jacobi, Jolande. *Complex/Archetype/Symbol in the Psychology of C. G. Jung* pp.6-31 section on complex theory

Sharp, Daryl. *The Jung Lexicon* see sections on the Mother complex and Father complex.

Available online: <https://www.psychceu.com/Jung/sharplexicon.html>

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2022

Note: While some courses will remain online, we anticipate resuming our public education courses at the Arts and Letters Club in 2022. Details on location to be determined. Social distancing may limit enrollment.

Lecture

The Family as a Crucible for Individuation

Fri. Jan. 21

Online via Zoom. Limited to 100 participants

Lisa Marchiano

7-9pm

The intimacy of family relationships will inevitably mean that we encounter parts of ourselves that are unlikely to surface in other contexts. We may experience shadow aspects of our psyche that are usually split off, denied or disowned. In this session we will explore how intimate relationships such as parenting can introduce us to these shadow parts. Being part of a family will challenge us to claim our authority, reconcile ourselves to our dark emotions, embrace the wisdom of the instincts, and forge a new relationship with our creative daimon. Family is indeed a crucible in which individuation can be quickened. In circumambulating this topic, we will use clinical vignettes, fairy tales and dreams.

Lisa Marchiano, LCSW, is a writer and Jungian analyst in private practice in Philadelphia, Pennsylvania. She is the cohost of the popular podcast *This Jungian Life*. She teaches at the C.G. Jung Institute of Philadelphia, and lectures widely on Jungian topics. Her writings have appeared in *Quillette*, *Areo*, and *Psychological Perspectives*, among other publications. She is the author of the book *Motherhood: Facing and Finding Yourself* published by Sounds True. You can find her on Twitter at @LisaMarchiano.

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Seminar

Motherhood

Sat. Jan. 22

**Lisa Marchiano, Jane Smith-Eivemark,
Joan Hawkings-Wong, Suzanne Musters**

Online via Zoom.

10-12:30pm

Few life experiences challenge us like motherhood. Being a mother will tire us out, fill us with dread, and move us to tears. It will inspire joy, self-doubt, hilarity, contentment, rage, terror, shame, irritation, inadequacy, grief, anxiety, and love. We will probably see ourselves at our very best – and our very worst. Motherhood, with its intense physical and emotional extremes, can be a crucible in which we are tested and altered. In the alchemical vessel of motherhood, the heat is turned up high. Outdated parts of our personality are melted away, and new structures are forged. Being a mother provokes strong emotions including dark feelings of shame, inadequacy, rage, or guilt, as well as intense feelings of love, joy, contentment and fulfillment. Engaging these emotions can help us understand ourselves more deeply and integrate previously unknown parts of ourselves. In this way, the joys and challenges of raising children can be a vital part of the journey to wholeness. Motherhood can be a tremendous opportunity for individuation.

In this panel, Lisa Marchiano, our visiting analyst from Philadelphia, will join three OAJA Jungian analyst-mothers—Jane Smith-Eivemark, Joan Hawkins-Wong, and Suzanne Musters—to explore their experiences in their roles as both analysts and mothers.

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Seminar	Elisabeth Pomès
<i>Being on the Path of Individuation: An exploration of the movie Central Station</i>	
Sat. Feb. 26	Location to be determined
	10-12:30

Individuation is a process rather than a final product, a journey of self-discovery rather than a final destination, a circumambulation rather than a straight trajectory. On that journey, answering the call, taking a risk and staying related in times of crisis is of primary importance.

There is no Individuation without Relatedness, whether it is to others or to oneself. In this seminar we will look at a mother/son-type relationship in as the two characters travel together on a quest for the missing father.

Required viewing before seminar: *Central Station* (W. Salles, 1998) As this movie can be difficult to locate, the presenter will use numerous excerpts from the movie during the presentation

Location to be determined

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Seminars	
<i>The Basic Principles of Analytical Psychology</i>	
Sun. Feb. 27, Mar. 27,	10am-12:30pm
Apr. 24, May 22	
	Online via Zoom.

In our continuing series on the fundamentals of analytical psychology, analysts will review Jung's revolutionary views of psychic functioning in the following areas of interest:

1. *Archetypes and the Collective Unconscious* Sun..Feb. 27 Mary Tomlinson
2. *Alchemy Basics: An Introductory Tour of the Inner Lab* Sun. Mar. 27 Graham Jackson
3. *Word Association Experiment & "Complex Psychology"* Sun. Apr. 24 Elisabeth Pomès
4. *Myths, Fairy Tales and Why Jungians Study Them* Sun.May. 22 Jayson Wong

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Sun. Feb. 27

Non-Member \$25.00 CAD

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Sun. Mar. 27

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Sun. Apr. 24

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Sun. May 22

Non-Member \$25.00 CAD

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Lecture Mary Tomlinson
'The Hero's Journey' and the Detective in Mystery Stories: Our Life's Path
Seen through the Prism of the Archetypal Detective in Mystery Stories
 Fri., May. 6 [Online via Zoom.](#) 7-9pm

Why is the entire world drawn to a mystery? I think it is the archetypal nature of the detective's path: truth, courage, relentlessness. It is the manifestation of Nemesis who could never be turned away from the truth. That is what we are all faced with in terms of our unfolding individuation path. The Archetypal Detective shows us how to walk that path.

Join Mary Tomlinson for a lecture and discussion of the archetypal underpinnings of detective fiction.

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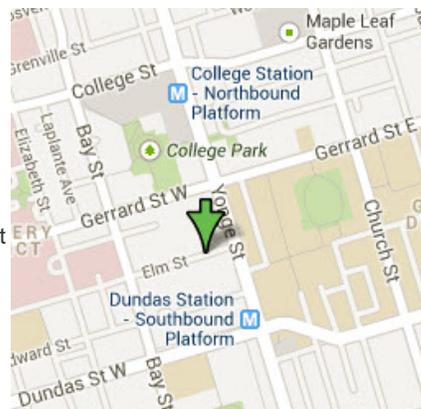
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LOCATIONS AND MAPS

Arts & Letters Club:

Board Room, Studio, Lamps Room, 14 Elm St.:

- Enter north side of Elm Street
- Nearest subway stop: Dundas station at Yonge
- Limited parking on both sides of Elm Street.
- Greeters will direct you to the correct event space



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